

# RIDGEWOOD PHYSICAL THERAPY and Rehabilitation Center

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To our valued physicians and patients,

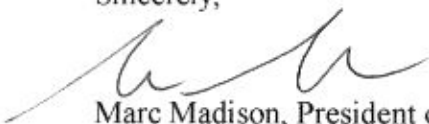
We at Ridgewood Physical Therapy hope that this letter finds you happy and well. We wanted to take this opportunity to emphasize that the safety of our clients and staff members is of utmost importance with regards to our clinical practice. With the recent COVID-19 Pandemic, we have implemented changes in the manner in which we are running our practice.

- Strict social and physical distancing measures. We are treating only with blocked, one on one sessions at this time. There are no additional staff members present in treatment.
- Upon entrance, staff and patients are required to hand wash, temperature screen, and sign a document indicating that they have not been ill or exposed to this ill in greater than 14 days.
- Restricting visitors unless medically necessary for treatment.
- Rigorous cleaning and disinfecting of the entire facility.
- Use of PPE of all staff members is required as per guidance of the CDC. We additionally are recommending that patients follow the same PPE guidance of the CDC.

With regards to treatment options, we are currently treating via office visits or telehealth visits. Telehealth is an excellent method of treatment for those who currently are not able to attend office visits. It allows the therapists to help safely conduct therapy from the comfort of home, allowing for guidance and progression in programs. This service is covered by your insurance, just as a regular office visit would be.

We have seen success in our practice with these changes in place, as patients are feeling secure knowing that their safety is the most important factor at all times. If you or somebody you know is in need of physical therapy services, you can feel confident that we have established an excellent standard of safety and care within this facility.

Sincerely,



Marc Madison, President of Ridgewood Physical Therapy